

Grapeseed Oil

(*Vitis vinifera*) **Botanical Family: Vitaceae**

Skin Types Suited

Body skin – all

Skin Uses

For general body work use
– not recommended in
face oils

Other

Good massage
oil.
Stays fresh
longer than many
other oils

Contains:

High in polyunsaturates, vitamins including F, minerals.

Source:

From the seed. Contains 6–20 per cent oil.

Colour

Unrefined – pale green
Refined – pale yellow

Odour

Slight

Directions

Can be used undiluted in body oils only.