

Rose Otto (Rose Bulgar)

(*Rosa damascena*) Botanical Family: *Rosaceae*

Annually flowering rose bush, growing to over 1 metre. Only the pink variety is used.

Plant Part used: fresh flowers

Method of Extraction: steam distillation

Countries of Production: Bulgaria, Turkey, France

Fragrance: fresh, rose floral

Note: middle

Main Chemical Components:

citronellol, geraniol, nerol, stearopten, farnesol, phenyl ethanol

General Effect: soothing, calming



Indicated for:

The Face

ageing skin
broken capillaries
dry skin
flaking skin
normal skin
nourishing
oily skin
regenerating
revitalising
scarring
sensitive skin
swollen tissues

The Body

anxiety
bloating
calming
circulation stimulating
coldness
depression
dysmenorrhea
infertility
menopausal
pre-menstrual tension
relaxing
scarring
spasms
stress

Body Blending Guide:

Camomile roman, geranium, jasmine, lavender, lemon, neroli, petitgrain, sandalwood

Contra-indications:

None known

Purchasing Guide:

Price Range: high