

Wheatgerm Oil

(*Triticum vulgare*) **Botanical Family: Poaceae**

Skin Types Suited **All, particularly:**

dry
mature
normal
prematurely aged

Skin Uses

eczema
inflamed
psoriasis
scar tissue

emollient
soothing

Other

Viscous sticky oil, often sold deodorised. Natural anti-oxidant. May cause irritation and sensitivity in those allergic to wheat

Contains:

Richest source of vitamin E. Natural anti-oxidant. Essential fatty acids, proteins, minerals, phosphorus, zinc, iron, potassium, sulphur, rich source of vitamin E and vitamins B1, B2, B3, B6, linoleic acid.

Source:

From the germ of wheat.

Colour

Orange

Odour

Yes

Directions

Use as an addition to the base oil, at 10 per cent of the whole.