



Black Pepper

(*Piper nigrum*) Botanical Family: *Piperaceae*

A woody, tree-climbing vine with strong, woody stems, small white flowers, and red berries.

Plant Part used: unripe berry

Method of Extraction: steam distillation

Countries of Production: India, China, Indonesia

Fragrance: warm and peppery, like the peppercorn

Note: middle

Main Chemical Components:

limonene, caryophyllene, α -phellandrene, α -pinene, β -pinene

General Effect: warming, strengthening

Indicated for:

The Face

Not to be used in facial treatments

The Body

aches and pains
circulation stimulating
congestion
digestion
exhaustion
fatigue
muscle tone
stiffness
stimulating

Body Blending Guide:

Bergamot, frankincense, geranium, ginger, grapefruit, lavender, lemon, lemongrass, mandarin, marjoram, orange, palmarosa, patchouli, rosemary, sandalwood, tea tree, ylang-ylang

Contra-indications:

Can cause skin irritation – use with care.
To be avoided during pregnancy and lactation.

Purchasing Guide:

Price Range: medium