



Camomile German

(*Matricaria chamomilla/recutita*) Botanical Family: *Asteraceae*
(*Compositae*)

Herbaceous plant, a metre high, producing white flowers with yellow, conical-shaped centres.

Plant Part used: flowering tops

Method of Extraction: steam distillation

Countries of Production: Egypt, Hungary, Bulgaria

Fragrance: herby, hay-like

Note: middle

Main Chemical Components:

α -bisabolol, bisabolone oxide A, bisobolol oxide A, chamazulene, bisabolol B

General Effect: soothing

Indicated for:

The Face

acne
broken capillaries
chemically damaged skin
dry skin
eczema
flaky skin
infections
inflamed skin
itching
normal skin
psoriasis
rashes
redness
scarring
sensitive skin

The Body

acne
allergic responses
boils
eczema
inflammation
itching
psoriasis
rashes
scarring
spasm

Body Blending Guide:

Bergamot, camomile roman, geranium, lavender, lemon, marjoram, niaouli, ravensara, rosemary, tea tree

Contra-indications:

None known

Purchasing Guide:

Price Range: high