

Lemon

(*Citrus limonum*) Botanical Family: *Rutaceae*

A small tree with white flowers and yellow citrus fruits.

Plant Part used: fresh fruit peel

Method of Extraction: cold expression

Countries of Production: Italy/Sicily, USA, Argentina, Spain, Israel

Fragrance: characteristic of lemon

Note: top

Main Chemical Components:

limonene, β -pinene, γ -terpinene, myrcene, α -pinene

General Effect: energising, refreshing



Indicated for:

The Face

acne
blemishes
cleansing
combination skin
congested skin
dilated pores
infections
normal skin
oily skin
puffiness
purifying
revitalisation
sluggishness
toning

The Body

cleansing
congestion
depression
eczema
exhaustion
fatigue
revitalising
sluggishness
soothing
tension

Blending Guide:

Basil, black pepper, geranium, jasmine, lavender, marjoram, palma rosa, petitgrain, rose maroc, rosemary, rose otto, tea tree, vetiver, violet leaf, ylang-ylang

Contra-indications:

Should not be used prior to sunbed use, or before going in prolonged sunlight.
Avoid using in water-immersion methods unless diluted.

Purchasing Guide:

Shelf-life of only about 9 months
Price Range: low